



## **Bandon Rugby Club Academy**

Bandon RFC wishes to announce the details of our club academy for the season starting September 2011 / 12. The academy is open to all players aged 18 upwards and attending year 1 & 2 in their 3<sup>rd</sup> Level education. The ethos of the academy is to help retain our best players within our club structure and create an environment where both rugby and 3<sup>rd</sup> level education can co-exist together.

Players who have played underage rugby in the club and or played for the Grammar school are welcome to participate in our academy.

The academy will be operated on a two tier system (Standard and Premier) and will be by invitation by the club to participate in both levels.

The benefits to a player participating in both levels are as such:

### **Standard and Premier**

- 1. Free clothing / training tops as per first team**
- 2. No membership fee**
- 3. Strength and Conditioning Programme**
- 4. Free preseason use of Riverview Gym**
- 5. Profile recognition on our club website as part of the academy**
- 6. Full sponsorship on courses for Referee Accreditation, Mini, and Foundation Courses**
- 7. Travel Expenses to and from third level college (see T & C's)**

### **Premier**

- 1. College Bursary of €500 in Year 1**
- 2. College Bursary of €700 in Year 2**

The academy will run for two years and will have its own manager separate from the first team coach. It is envisaged that approx 6-7 players will qualify for the Standard Academy and approx 4-5 players may qualify for the Premier bursary however this will be flexible based on how players perform during the season.

## **Terms & Conditions**

The following terms and conditions of joining both the standard and premier academy will be required.

### **1. Contract**

Each invited player will sign a contract where a commitment is given to playing Rugby for Bandon RFC only over a two year period. No dual status or U21 club rugby will be permitted at other clubs.

### **2. Free Clothing**

Each invited player will receive free training clothing as per the 1<sup>st</sup> team kit at the start of the season, each season

### **3. Membership fee**

Each player shall not have to pay any membership fee and will automatically be a member of the club as per the membership rules of the club.

### **4. Strength and Conditioning Program**

Each player shall participate in a strength and conditioning programme as laid out by a professional coach. A condition of continuation in the academy will be based on completing this course.

### **5. Use of Riverside Gym**

Each player shall have the free use of Riverside Gym for pre-season work outs as agreed with the gym by Bandon rugby Club

### **6. Sponsorship on courses**

Bandon RFC will cover the cost of participation at Munster branch accredited referee and coaching courses. A position will also be made available for a suitable academy player to act as a Youth development Officer in local Bandon National Schools. This will be a fully paid position with expenses.

### **7. Travel Expenses**

Bandon RFC will help out with the travel expenses of an academy player from their 3<sup>rd</sup> level college to Bandon for training and matches. The following rates will apply:

Return trip from Galway and Limerick €40

Return trip from Dublin €50

Return trip from Cork €15

## **Premier Academy (Point 8)**

### **8. College Bursary**

If a player reaches a satisfactory standard of rugby and becomes a regular member of the First team panel the club will invest in a college bursary on behalf of the player. The payment in year one of joining the academy will be €500 towards college fees and €700 in the second year. The payment will be made at the end of the playing season.

## **9. Management**

The academy will be managed separately from the Adult coaching structure and each player will be open to continuous performance monitoring. The management will be as flexible as possible in accommodating student's needs re travel, training and match attendance and injury etc during the season. The management's decision is final on whether a player reaches first team standard or not.

## **10. Standards**

Academy players will be treated as the future elite players of the club. Academy players will be expected to set a standard higher than those around them in training, behaviour, attitude and rugby playing ability.

For players wishing to express an interest in the academy or looking for more information please contact Vince Duggan on 0857143966 or Gary McCormick on 086 8180476